



PRESS FILE

Nathalie Guilbeault

Literary Novelist • Editor

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ABOUT THE AUTHOR

Nathalie Guilbeault is a Montréal-born literary author whose fiction explores trauma, memory, identity, and the enduring consequences of violence across generations. Her work is distinguished by its psychological depth, emotional precision, and lyrical prose.

Her short story collection, **Cold Chaos: Stories from a North**, received a **Kirkus Starred Review** and was selected for publication in the **August 15, 2026 issue of *Kirkus Reviews***. Her novel **When I Became Never** was named a **Best Pick** by **The Seaboard Review of Books**.

Before becoming a full-time writer, Nathalie spent more than twenty years in organizational leadership and executive coaching. She holds a Master's degree in Management Sciences from HEC Montréal and later chose to devote herself entirely to literature.

Her books examine the quiet ways trauma shapes identity, relationships, and memory, while remaining grounded in hope, resilience, and the complexity of human nature.

She is the author of:

- **Inhaled** — a psychological novel exploring coercive control, emotional abuse, and self-reclamation.
- **When I Became Never** — a multi-generational literary novel spanning Spain, Nicaragua, and North America.
- **Cold Chaos: Stories from a North** — an interconnected collection of literary stories set in Northern Québec.

Nathalie is the co-founder of Montreal Publishing Company and served as French Section Editor for *The Nelligan Review*.

SELECTED RECOGNITION

Cold Chaos: Stories from a North

★ Kirkus Starred Review

Featured in the **August 15, 2026 issue of *Kirkus Reviews***

When I Became Never

Best Pick

The Seaboard Review of Books

BOOKS

COLD CHAOS: STORIES FROM A NORTH

An interconnected literary collection set in Northern Québec, *Cold Chaos* explores memory, belonging, adolescence, grief, and resilience through stories whose emotional echoes gradually reveal a larger portrait of life in the North.

WHEN I BECAME NEVER

A literary novel spanning three generations and three continents, *When I Became Never* examines inherited trauma, revenge, political violence, and the difficult possibility of forgiveness.

INHALED

A psychological novel exploring emotional abuse, identity, and the difficult process of reclaiming one's life after coercive control.

SELECTED PRAISE

COLD CHAOS: STORIES FROM A NORTH

"Guilbeault...has crafted a masterwork."

— Kirkus Reviews (Starred Review)

"...a masterwork that you can't help but stick with no matter what."

—*Samantha Olsen, Chicago Book Review*

"The mix of personal reflection and fiction makes each story feel real and immersive. Thoughtful and quietly powerful, Cold Chaos is a book that stays with you long after you finish reading."

— Jason Arias, author

"An exquisite testimony to how powerful the short form can be in the right hands... This will end up in your top ten."

WHEN I BECAME NEVER

"The author gives readers a poignant front-row seat to the devastation wreaked in victims' lives and the subsequent overpowering longing for vengeance and vindication."

— The US Review of Books

— The Seaboard Review of Books - Best Pick 2025

"What a powerful telling! A most necessary book."

— Frank Torn

"Impossible to put down."

— Review Tales

“When I Became Never is a must-read. It’s a novel that will stay with you long after the final page, challenging your perceptions of human nature and the dark paths it can take.”

INHALED

"A rollicking good thriller read!"

— Midwest Book Review

"With a high level of accuracy, Guilbeault delivers the raw reality of her characters' thoughts and actions."

— The Miramichi Reader

"Guilbeault's tone and voice is reminiscent of European writers Anaïs Nin and Alain Robbe-Grillet."

— Kathryn Brown Ramsperger

MEDIA APPEARANCES

- CITY TV – International Day for the Elimination of Violence Against Women
 - CJAD – *Passion* with Dr. Laurie Betito
 - *Femmes et Pouvoir*
 - *Passion* Podcast with Dr. Laurie Betito
 - Accent Series, Montréal
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PUBLICATIONS

Selected work has appeared in:

- The Write Launch
 - Centered in Taipei
 - Discretionary Love
 - Wingless Dreamer Anthology
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SPEAKING

Nathalie is available for:

- Literary festivals
- Author interviews
- Book club discussions (virtual and in person)
- Creative writing workshops
- Talks on trauma in fiction
- Psychological characterization
- Literary fiction
- Women, memory, and intergenerational storytelling

MEDIA CONTACT

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